



Dear Parents and Caregivers in the 7 Oaks School Division,
You are invited to attend:



PARENTS INTERVENTION & SUPPORT PROGRAM

PIP is a program for parents, guardians and caregivers designed to provide information and support related to youth involvement with alcohol, other drugs or gambling (AODG). Your young person does not need to be actively involved with AFM for you to attend.

The purpose of PIP is to:

- Introduce the AFM Youth Services' philosophy in working with youth;
- Strengthen the understanding of how a youth's AODG involvement affects everyone;
- Introduce parent response strategies that may assist and support adolescents in making healthier choices;
- Re-introduce principles of self-care to aid parents in maintaining health;
- Decrease isolation of parents/caregivers by providing information about available community supports and a network or mutual encouragement and support.

Parents are not responsible for their child's alcohol and drug use or gambling problems, but they are one of the most important influences in their child's life. The guidelines offered to you through this program will assist you in supporting your child, while helping you establish a more manageable living environment. Your support and participation are key components of the change process for your child.

This program will be offered in the 7 Oaks School Division over the course of 2 evenings on **March 12 and 14, 2019 from 6:30 p.m. - 9:30 p.m.**

For further information and to register for this free program, parents and caregivers may call or email

Nick Davis-Peters

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or

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